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PRISMA 2009 Flow Diagram

Records identified through PubMed, Scopus and Web of Science database searching from 1st Jan. 2011 to 28th Feb. 2021 (n = 2,756)

Additional records identified through other sources (n = 11)

Records after duplicates removed (n = 2,467)

Records screened (n = 2,467)

Records excluded (n = 2,451)

Full-text articles assessed for eligibility (n = 16)

Full-text articles excluded, with reasons, see suppl. Table S2 (n = 4)

Studies included in qualitative synthesis (n = 12)

Studies included in quantitative synthesis (meta-analysis) (n = 12)